

GROUND RULES

- **Instructor available any time**
- **Turn off / mute cell phones**
- **Doctrine based instruction**
- **Be prepared**
- **Participate**
- **Courtesy**
- **Timeliness**



1. Mission or Task: Mission: Staff and Faculty class conducts 45 minute class in room 706, building 10000.	2. Date/Time Group Begin: 251300SEP01 End: 251330SEP01	3. Date prepared: 20 SEP 01
4. Prepared By: (Rank, Last Name, Duty Position) CPT J. Perry Instructor		

5. HAZARDS	6. INITIAL RISK LEVEL	7. CONTROLS	8. RESIDUAL RISK LEVEL	11. HOW TO IMPLEMENT	12. HOW TO SUPERVISE	13. CONTROLS EFFECTIVE
Eye Accident/Injury	L	<ul style="list-style-type: none"> Students receive a safety brief on potential hazards of sleeping in class. Soldiers are familiarized on how to handle and operate writing instruments. Identify narcoleptics. 	LOW (L)	USATC&FJ SOP Cadre SOP	Cadre over-watch	
Blunt Trauma/Cranial Laceration	L	<ul style="list-style-type: none"> Students stay awake during class. Students briefed on proper sitting procedures. 	LOW (L)	USATC&FJ SOP Cadre SOP	Cadre supervision	
Building Fire	L	<ul style="list-style-type: none"> Train students on prevention and detection. Brief fire evacuation plan. 	LOW (L)	USATC&FJ SOP Cadre SOP	Cadre monitor	

9. Overall mission/task risk level after controls are implemented (Circle one) Chief of CAD: _____ <div> <div>LOW</div> MODERATE HIGH EXTREMELY HIGH </div>	10. Risk Decision Authority: <div>LTC Whatley/AG School, Ft. Jackson</div> <small>RANK/LAST NAME/DUTY STATION</small>
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TERMINAL LEARNING OBJECTIVE

ACTION: Identify actions performed to enforce preventive medicine measures for protection against DNBI when deployed.

CONDITIONS: A classroom environment and student handouts.

STANDARD: Identify measures to protect soldiers from DNBIs. Identify the Army's tobacco use policies. Identify the four major components of medical threat to field forces. Identify responsibilities of key individuals in your unit for DNBI prevention.

MEDICAL THREAT

**The better we understand
the more we can do to reduce
the risk.**



COMBINED ARMS DIVISION

MEDICAL THREAT TO FIELD FORCES

INCREASED VULNERABILITY

- Harshness of the environment.
- Reduction of the body's natural defenses.
- Breakdowns in basic sanitation.



MAJOR COMPONENTS OF THE MEDICAL THREAT TO FIELD FORCES

- HEAT.
- COLD.
- Arthropods
- Diarrhea.



COMBINED ARMS DIVISION

COMMANDER PLANNER/LEADER ROLE

- Seek Advice and guidance.
- Guard against environmental threats to health.
- Prepare the camp area for troops.
- Enforce individual PMM.



COMBINED ARMS DIVISION

ENVIRONMENTAL THREATS TO HEALTH

- Insects and animals (disease carriers and pests).
- Contaminated food and water.
- Improper waste and garbage disposal.



INDIVIDUAL PREVENTIVE MEDICINE MEASURES

- Prevention of insect bites.
- Avoid spoiled food.
- Avoid native food.
- Drink ONLY potable water.
- Disposing of garbage and waste.



INDIVIDUAL PREVENTIVE MEDICINE MEASURES

(cont)

- Practice of personal hygiene.
- Protection against sexually transmitted disease.
- Prevention of heat and cold related problems.

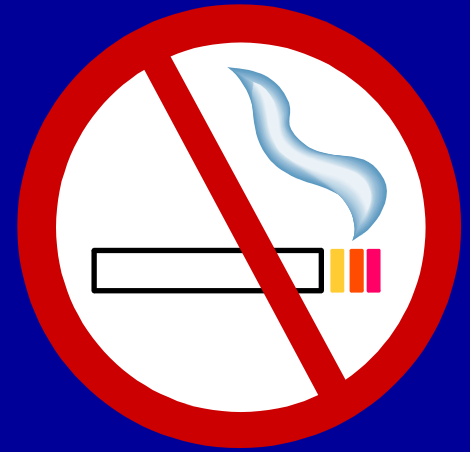
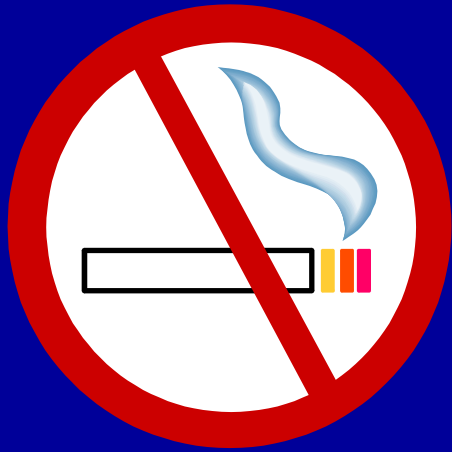


COMBINED ARMS DIVISION

PERSONAL HYGIENE

- Wash Hands
- Bathe
- Clean uniforms
- Change clothes
- Care for feet
- Brush teeth





DA SMOKING POLICIES

#1 PREVENTABLE

CAUSE OF DEATH

TOBACCO USE

450,000+ DEATHS/YEAR



AFFECTS ON NONSMOKERS

SECOND HAND SMOKE LINKED TO:

- **LUNG CANCER, ASTHMA**
- **MIDDLE EAR INFECTIONS**
- **RESPIRATORY INFECTIONS**
- **SUDDEN INFANT DEATH SYNDROME**



COMBINED ARMS DIVISION

ADVERSE EFFECTS

INCREASED # SICK
CALL VISITS



COMBINED ARMS DIVISION

DECREASED READINESS



COMBINED ARMS DIVISION



ADVERSE IMPACT ON SOLDIERS

DECREASES

- NIGHT VISION
- HAND-EYE
COORDINATION
- STAMINA

INCREASES

- COLDWEATHER
INJURIES
- OVERALL
OF INJURIES



COMBINED ARMS DIVISION

LEADS TO

ADDICTION

ADDICTION

ADDICTION



COMBINED ARMS DIVISION

ARMY'S #1
HEALTHY PEOPLE
2000
GOAL

REDUCE
MILITARY SMOKERS
TO 20% OR LESS



COMBINED ARMS DIVISION

ARMY'S #2
HEALTHY PEOPLE
2000
GOAL
REDUCE
SMOKELESS TOBACCO
USE TO 4% OR LESS
IN 12-24 YEAR OLDS



COMBINED ARMS DIVISION

AR 600-63
ARMY HEALTH
PROMOTION

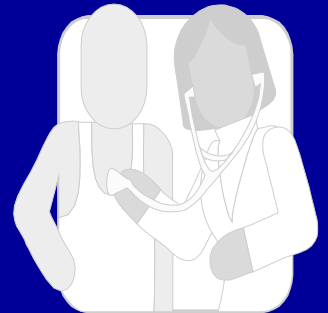
**REGULATES TOBACCO USE
IN THE
ARMY**



COMBINED ARMS DIVISION

HELP WITH QUITTING

- **YOUR DOCTOR, NURSE OR PA**
- **PREVENTIVE MEDICINE SERVICE:**
- **SELF-HELP MATERIALS FROM:**
 - **MEDICAL TREATMENT FACILITY,
PREVENTIVE MEDICINE,**
 - **AMERICAN CANCER SOCIETY
(800-486-2345)**



COMBINED ARMS DIVISION

OTHER ASSISTANCE

- **NICOTINE GUM**
- **NICOTINE PATCHES**
- **FAMILY AND UNIT SUPPORT**



FIELD SANITATION TEAMS

- Check the water.
- Check the food.
- Reduce insect & rodent populations through use of accepted techniques.



FIELD SANITATION TEAMS

- Dust and trap for rats.
(cont)
- Provide training in preventive medicine.
- Advise the commander on waste disposal.



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COMBINED ARMS DIVISION

MEDICAL THREAT TO FIELD FORCES

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SUCCESS
WILL DEPEND
ON
DISCIPLINE



COMBINED ARMS DIVISION

SUMMARY



COMBINED ARMS DIVISION

QUESTIONS



COMBINED ARMS DIVISION

TERMINAL LEARNING OBJECTIVE

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